

## **USER GUIDE**

Seat height adjustment

The seat slide function allows the user to shift the seat cushion forward or backward to find a comfortable seating position with adequate seating support without excess pressure on the knee joint.

To adjust the seat depth position, pull the silver lever away from the centre of the chair (located right hand side above tension adjustment handle).

Once the lever is engaged, the user can slide the seat forward/backward to the desired position. Release the lever to lock.

Seat height adjustment

Lift the lever to adjust the seat height. Lifting the lever while sitting on the chair will lower the chair. Lifting the lever with no weight on the chair will raise the seat height.

Mechanism tension adjustment

The chair mechanism is an autobalancing tension adjustable mechanism that allows the user to individually set the appropriate tension to match their preferred level of support.

To add additional tension (more support), turn the handle clockwise towards the '+' sign.

To reduce tension (less support), turn the handle anti-clockwise towards the '-' sign.

It is recommended that this be undertaken incrementally until the tension aligns with the user's preference.



Adjustable arm rest

The arm height can be adjusted by lifting the silver handle on the side of the arm. This will allow the arm to be lifted up or lowered.

The arm pad can be manually adjusted in the following ways:

- Forward/backward slide
- Width adjustment
- Angle adjustment

## Mechanism lock

The chair mechanism can either be used in a 'floating' synchronised movement or be locked in fixed positions.

To use the mechanism in a floating movement, keep this handle turned to the 'unlocked' position (turn anti-clockwise).

To lock the mechanism in one of the incremental locking positions, lean the chair back to the desired position and twist the handle to the 'locked' position (clockwise).

To unlock the mechanism, turn the handle back to the 'unlocked' position (anti-clockwise). Lean back slightly on the chair to release the lock - the chair will return to the 'floating' movement.